PLAN LIKE A FUTURIST 2025
Your Prep List

Event Details

1. **Option 1**: Sunday, January 26 2025, 1-3pm CST
   Zoom Link
2. **Option 2**: Sunday, February 02 2025, 1-3pm CST
   Zoom Link

Before the Workshop

1. **Download the Workbook**
   Get started in advance with the **2025: Plan Like a Futurist Workbook**. You'll be glad you did!
   1. The workbook has two sections: **Looking Back 2024** and **Looking Ahead 2025**
   2. Engage these sections separately. Each will take some time, so pace yourself.
   3. Complete as much as you can before the workshop—it'll help. But don't stress! The workshop will give you an overview, and you can always finish afterward. Most of us will still be working on it through the end of the month.

2. **Choose your planning tools**
   Here are some tried-and-true recommendations:
   1. **A Digital Calendar:** where scheduled meetings and events live.
   2. **A Notebook or Word Document:** Ideal for journaling and taking notes. You might also want a folder for your workbook and other materials.
   3. **A Paper Planner:** If you're into paper, I recommend the Full Focus Planner (an annual subscription with 4 planners brings the cost down.)
      1. Each planner covers a quarter, with project goals, monthly views and weekly overviews for planning.
      2. The daily layout includes a two-page spread: one side for priorities, tasks, and schedule, and the other for meeting prep and notes.
      3. Bonus: High-quality paper for a better writing experience (especially if you like juicy pens, as I do)!
   4. **Personalize Your Toolkit**
      1. Use tools you love and trust—whether it's Notion.ai or your favorite planner. As long as it's a trusted system that you like—and use!!—it's all good.
      2. Choose pens and tools that you love using. Make it your 'thing,' putting them in all your bags and in every room.
      3. A simple principle: invest in tools you love. They're part of your engine, so whatever you can do for yourself, do it. YOU will appreciate it!

3. **Create Space for Planning**
    1. **In Time:** do your first act of planning and schedule it!
    2. **In Location:** Find a cozy, quiet spot, grab a beverage, and lay out your tools. Work through the workbook step by step.

4. **Recording Available**
   The workshop will be recorded. If you can't make it live, you'll be able to follow along later at your convenience.

During the Workshop

1. **What to Expect in the Plan Like a Futurist Workshop:**
    1. **Interactive Guidance:** We'll walk through key sections of the workbook with practical tips to fit your life.
    2. **Vision Setting:** Based on what you choose to Let Go, Keep, and Let Come, you'll generate a picture of what you want to create in 2025.
    3. **Putting it in Time:** We will show you how to use your calendars more powerfully, encouraging an honest relationship with time management.
2. **What to Bring:**
    1. **Your workbook** (completed or in progress)
    2. **Favorite planning tools** (calendar, planner, pens, paper....)

Supporting Resources
Plan Like a Futurist draws from the foundational frameworks of the Leading Self fluencies: *Reinvention* and *Purpose.* Whether you're new to these concepts or looking for a quick refresher, these short videos provide valuable insights to guide your journey.

1. [**A Futurist's Perspective on Change**](#) **(5:35 min)**
   Gain clarity on where we are in this moment in history and explore the fundamental cycles of change that shape our world.
2. [***Cosmic Eye* video**](#) **(2:59 min)**
   Experience a zoomed-out view of universal patterns across every scale, reinforcing the foundational principles of our work.
3. [**Axes and Ahs**](#) **(3:27 min)**
   Learn about the Axes of Being and how to balance awareness and action for greater impact.
4. [**The Spiral of Expansion**](#) **(7:45 min)**
   Discover the universal pattern of change and growth. By learning to see it in yourself and the world around you, you'll gain a superpower for stewarding change in all you do.
5. [**Spiral of Expansion Worksheet**](#)
   Engage with exercises to identify what's expiring and what's emerging within you. This clarity provides direction for your next steps in the coming year.